



March 2024

Middle School Lunch Menu

Lunch Price \$2.50 Reduced \$.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Pre-Payments available at www.payschoolscentral.com 877-393-6628</p> <p>Meatless Mondays!</p>				<p>1 Pizzeria Style Cheese Pizza</p> <p>Broccoli Florets</p> <p>*Oven Baked Fish Available</p>	<p>More Info... <u>Offered Daily:</u> Cheeseburgers Entrée Salads Assorted Deli Sandwiches PB & J</p> <p>Side Salads Fresh Fruit Cupped Fruit</p> <p><u>Assorted Milk</u> Skim 1% White Skim Chocolate</p> <p>Grilled Chicken Salad, & Vegetarian Salad Available Daily</p> <p>Our menu has been planned to meet new federal regulations including, but not limited to, age groups and portion sizes.</p> <p>Price of item w/lunch \$1.75</p> <p>Adult Lunches: \$3.50</p>
<p>4 <u>Brunch!</u> Cheese Omelet and French Toast Sticks/Syrup Hash Browns with Peppers & Onions</p>	<p>5 Hot Dog on a WG Bun Toppings Veggie Beans</p>	<p>6 Mandarin Orange Chicken Brown Rice/Veggies Edamame Beans</p>	<p>7 <u>National Meatball Day!</u> Meatball Hoagie Italian Pasta Salad Steamed Green Beans</p>	<p>8 Pizzeria Style Cheese Pizza w/Boom Boom Sauce Romaine Salad</p> <p>*Oven Baked Fish Available</p>	
<p>11 Grilled Cheese Sandwich Tomato Soup with Goldfish Crackers</p>	<p>12 Chicken Tenders Dipping Sauce WG Garlic Knot Sweet Potato Waffle Fries</p>	<p>13 <u>Build your Own Mashed Potato Bowl:</u> <u>Toppings</u> Cheese Sauce Hot Honey Beef Lettuce/Tomato, Onion, Peppers</p>	<p>14 Shamrock Shaped Chicken Nuggets Dipping Sauce WG Garlic Knot Sweet Peas</p>	<p>15 Pizzeria Style Cheese Pizza Kale Salad with Strawberries</p> <p>*Oven Baked fish Available</p>	
<p>18 Street Corn Nachos with Fire Roasted Corn and Black Beans Guacamole & Cilantro Cheese Sauce</p>	<p>19 Spicy Chicken Patty on a Bun Steamed Green Beans</p>	<p>20 <u>Build your own Burger!</u> Choice of Burger, Cheese, Lettuce, Tomato, Onion Sweet Potato Fries</p>	<p>21 Oven Roasted BBQ Chicken WG Garlic Knot Mashed Potatoes Corn Niblets</p>	<p>22 Pizzeria Style Cheese Pizza Spinach Salad</p> <p>*Oven Baked Fish Available</p>	

25 Pizza Quesadillas Sweet Potato Fries	26 Popcorn Chicken WG Dinner Roll Dipping Sauce Broccoli & Cauliflower w/ Cheese Sauce	27 Warm Nacho Chips with Meat and/or Cheese Sauce Monterey Jack Cheese Salsa/Lettuce/Tomato Fiesta Black Beans	28 Fish & Chips Crispy Fish Wedge with lemon Cocktail Sauce Seasoned Potato Wedges	29 Spring Recess No School	
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March is National Nutrition Month!

Special News... Applications Now Available Online!

Food and Nutrition Office (732) 873-2400 Ext.505 Now taking applications for substitute cafeteria workers
 The meal status of free, paid, reduced and NJEIE are in effect. Snacks available for purchase if zero balance
 owed.

This organization is an equal opportunity employer

Menus are subject to
 change without notice.